

Dr. Deborah A. Cowman
40 St Claire Ave East, suite 200 Toronto, Ontario M4T 1M9

Registered Psychologist in the Province of Ontario, Registration # 3133
Curriculum Vitae 2014

Private Practice

- I provide private psychotherapy services to a broad range of adult and adolescent clients treating trauma, depression, anxiety, relationship issues, chronic pain, adjustment to school and workplace issues, and rehabilitation issues. Consulting extensively in rehabilitation psychology including Psycho-vocational and Psychological assessments

Consulting Psychologist, Rehabilitation psychology

- I have conducted disability assessments since 1996, including Post-104 week, MIG and other Auto Insurance Industry Independent Evaluations, as well as Medical Legal, WSIB, Social Services, employer and CPP evaluations.
- I write and speak on disability topics.
- I take a lead role in multidisciplinary evaluations as well as providing supervision and training of team members.
- I provide information and training in rehabilitation psychology.
- I offer supervision of psychologists on the temporary register and psychologists expanding area of competence

Current Affiliations

- Canadian Academy of Psychologists in Disability Assessment: Secretary of the Board of Directors, Chair of working committee on the Minor Injury Guideline interpretation for Psychologists, Chair of committee on web site development.
- Canadian Register of Health Service Providers in Psychology
- Ontario Psychological Association, 1987- present

Education

Doctor of Philosophy

- **York University:** Clinical-Counseling Program in Psychology Degree obtained 1995. Dissertation: An Investigation into the Formation of Marriage Commitment. Nominated for Dissertation Award
Academic supervisor: Dr. David Bakan

Masters of Arts

- **York University**
Developmental Program in Psychology. Degree obtained 1988
Thesis: Mechanisms in Olfactory Kin Recognition.
Nominated for Masters Thesis Award
Academic supervisor: Dr. David Bakan

Honours Bachelor of Science

- **University of Toronto, Trinity College.** Specialist in Psychology. Graduated with Distinction, 1985.
Thesis: Memory and Food Catching Behavior in Black-Capped Chickadees
Thesis supervisor: Dr. D. Sherry

Recent Publications & Presentations and Professional Activities

- Speaker: Ontario Psychological Association/Canadian Academy of Psychologists in Disability Assessment Auto Legislation update. Working with the minor injury guideline. February, 2013.

- Completed two year project of development of the CAPDA website, launched February 2013
- A Guideline for Psychologists: working with the Minor Injury Guideline of the Financial Services Commission of Ontario 2011. Joint committee of the Ontario Psychological Association and the Canadian Academy of Psychologists in Disability Assessment. In preparation (2012).
- Invited Speaker: Canadian Academy of Psychologists in Disability Assessment Spring Workshop . The minor injury guideline and expert opinion. April, 2012.
- Speaker: Ontario Psychological Association/Canadian Academy of Psychologists in Disability Assessment Auto Legislation update. Working with the minor injury guideline. February 4, 2012.
- Panelist: Psychological Practice under the New SABS workshop. October 15, 2010
- Workshop: Whole Brain Education. For parents and staff of Northern Secondary School November 19, 2008
- Cowman, D Mental health Accommodations in the Workplace. Seminar. Schedule 2 Employers' Group Conference. September 30, 2005.
- Cowman, D. Comments on the article by Carroll, Cassidy and Côté, "Depression as a risk factor for onset of an episode of troublesome neck and low-back pain", in LINKAGES, No. 15, summer 2005.
- Cowman, D. and Corhonen, L. "Practical Accommodation of Mental Health Conditions: Understanding Mental Health Disabilities and Facilitating Return to Work." Presentation to the 16th Annual Schedule 2 Employers' Group Conference. Sept. 29, 2005.

Past Professional Experience

Consulting Psychologist

University Health Network, 2003-2004

- Part of a multidisciplinary team consulting to the "Rehabilitation Solutions" program.

Psychologist

Work Able Centres Inc., 1996-2000

- Develop, implement and supervise a vocational evaluation program; train and supervise psychometrists forming part of a multidisciplinary vocational rehabilitation team.

Psychological evaluator.

Psychologist

Lacroix Scher Consultants, fall 1995-June 1996

- Psychological and psycho-vocational assessment related to rehabilitation. Referrals predominantly from Medical/Legal sources and Worker's Compensation Board.

Supervisors: Dr. Mike Lacroix and Donna Scher

Therapist

Aqua Rehabilitation, fall 1995-April 1996

- Provided supportive therapy and training in relaxation techniques to clients with chronic pain conditions in a group situation

Supervisor: Dr. Hy Day

Clinical Research Assistant

Hincks Institute, fall 1995

- Carried out clinical interviews and psychological testing of mothers and their children

Teaching Assistant

Psychology Department, York University, 1985-1994

- Assisted professors of Introductory Psychology, Abnormal Psychology, Personality Psychology, Cognitive Processes, Motivational Psychology courses
- Provided individual tutoring, prepared and graded examinations, assignments, and essays, and conducted weekly tutorials

- Supervisors: Drs. J. Watson, P. Stager, I. Kusyszyn, K. Hamilton, R. Jubis, I. Silverman, K. Mock, M. Mongrane
- Research Associate
- **Child and Family Studies Centre, Clark Institute of Psychiatry**, Toronto, 1990
 - Conducted psychological assessments of emotionally disturbed and developmentally delayed children in a day treatment program as part of an ongoing research study
 - Supervisor: Dr. K. Zucker
- Psychology Intern
- **Dept. of Psychology and Crisis Unit Clarke Institute of Psychiatry**, 1989-1990
 - Conducted cognitive neuropsychological and personality assessments with adults from crisis unit, inpatient, outpatient populations
 - Psychotherapy included, short-term, long-term and group
 - Supervisor: Dr. H. Brooker
- Psychometrist
- Special Services for Students, **Board of Education, City of Hamilton**, 1989
 - Conducted psychological screening of children to determine selection for gifted educational program
 - Supervisor: Ms. C. Wilkinson
- Psychology Intern
- **Department of Psychology, Wellesley Hospital**, Toronto, 1988-1989
 - Conducted psychological (personality, cognitive) assessments
 - Psychotherapy training included insight oriented and cognitive behavioural
 - Supervisor: Dr. S. Usher
- Psychology Intern
- **Child and Family Studies, Centre Clarke Institute of Psychiatry**, 1987-1988
 - Conducted psychological assessments of children, adolescents, and their families referred to a Gender Identity Disorder clinic as well as emotionally disturbed children in a day treatment program
 - Supervisor: Dr. K. Zucker
- Community Helper for Autistic People
- **The Geneva Centre**, Toronto, 1986
 - Provided short-term parent relief through community outings and home support with autistic children
 - Supervisor: Maria Popoff
- Training Counselor
- **Toronto Association for Community Living**, Toronto, 1981-1987
 - Provided training in life skills and community living to adolescents and adults with mild developmental disorders residing at Lorimer Lodge
 - Supervisor: Ms. J. Faulkerson
- Research Associate
- **Bairstow and Associates**, Behavioural Management Consultants, Toronto, 1986
 - Compiled information to assess the needs of boarders, roomers and lodgers in the province of Ontario
 - Prepared a directory of services and a final report to the Minister of Housing
 - Supervisor: Mr. D. Coran
- Research Assistant
- **Animal Behaviour Department, University of Toronto**, 1984-1985
 - Conducted studies investigating spatial memory
 - Supervisor: Dr. D. Sherry

Public Health and Community Service

- Member Gifted Advisory Committee of Northern Secondary School
- Member Green Enterprise Toronto
- Advocacy Committee Member. Ontario Psychological Association
- Co-chair Western Area Community Health Board of the
- Metro Toronto Board of Health Invited Member
- Toronto Hospital Community Advisory Committee: Interfacing community issues with hospital administration through partnership efforts
- Founder & Chair Action on Hospital Incineration—Kensington Involves organizing members of the community, developing policy, fund raising, public education, lobbying, negotiating, and acting as spokesperson to the media
- Past Board Member Elect representing Ontario Planned Parenthood Federation of Canada
Committees: research and education, international development, policy

40 St Claire Ave East, suite 200 Toronto, Ontario M4T 1M9 Tel) 416-985-5067
deborah@cowman.ca
www.cowman.ca